



SKI TOUR IN ARSLANBOB

Location	<i>Kyrgyzstan, Fergana range, Arslanbob</i>
Starting and ending points	<i>Osh city</i>
Duration	<i>7 days, 6 nights</i>
Season	<i>January -February</i>
Altitude	<i>1500-3600 meters</i>
Walking	<i>about 100 km</i>
Automobile	<i>about 600 km</i>

Arslanbob (Arslanbap) - a unique creation of the nature locates in the south of Kyrgyzstan. It is blossoming oasis at the altitude 1600 meters above sea level. Arslanbob area lies on the southwestern slope of the Fergana range. Arslanbob is famous for spectacular relic walnut forests. Extensive area of fruit and nut forests in the valley of Arslanbob is the largest one in the world.

Walnut forests are not the only attraction of the place. The air, the nature and the mountain landscapes are real treasures of this region. The rocky summit of Boobash-Ata Mountain (4430 m) majestically rises above the valley.

The local people are very welcoming and friendly. The Arslanbob village is a place with narrow streets and national style houses.

The Fergana mountain range separates the cold Tien-Shan Mountains from the hot plains of the Fergana Valley. Rare climatic conditions create a special microclimate on the southern slopes of the mountains. Here is the maximum precipitation in Kyrgyzstan. Incredibly, there is magnificent snow in the winter, even at high temperatures above zero on Celsius.

Slopes for skiing are accessible right from the village; they are with difference in altitude of almost one kilometer, as well as an unforgettable skiing on steep slopes up to 40-45 degree through the relic walnut forests.

PROGRAM

Day 1. Osh City Airport - Arslanbob village

Automobile 200 km, 3-4 hour

Altitude 900-1500 m

Pick up in the Osh city airport. Transfer to Arslanbob village; it takes around 4 hours, 200 km. Accommodation in the guesthouse. Lunch. Meeting with guides, briefing on avalanche safety. Equipment check. Ski touring in walnut forests around the village.

Day 2-5. Ski-touring in surroundings of Arslanbob village

Automobile 10 km

Walking 10-20 km

Altitude 900-1500 m

Breakfast. Drive to the ski area. There would be one or more ascents and descents. There are four large areas for skiing. Lunch on the slope (lunch-box). Dinner and overnight in the village, in the guesthouse.

Day 6. Arslanbob village - Osh City

Automobile 200 km, 3-4 hour

Altitude 1500-1000 m

Breakfast. Transfer to Osh city. Lunch in cafe. Accommodation in the Hotel. City tour. The main attractions of the Osh city are Sacred Mountain Sulaiman-Too and the history museum, as well as the Asian market. There is possibility to use this day as ski riding day and arrive in Osh city in the evening.

Day 7. Departure from Osh city

Automobile 20 km, 30 min

Transfer to the Airport.

Important:

You should have insurance coverage for 30,000 US Dollars. The insurance should cover injured transportation.

Guides decide on the Avalanche risk levels and choose the route of ascent and descent.

Necessary equipment:

- Skis with ski tour bindings and skins / Splitboard;
- avalanche equipment - transceiver, probe, shovel;
- backpack 20-30 liters;
- Warm skiing suit;
- warm gloves and a hat;
- sunglasses;
- ski mask;
- sunscreen SPF 25-50;
- thermos.

Some ski-touring and avalanche equipment is available for rent.

Current price please find on website: <http://mountainskytravel.com>

Included:

- Pick-up at the airport;
- Hotel accommodation in Osh (double occupancy) 1 night;
- Arslanbob accommodation in the guesthouse 5 nights;
- Full board;
- Mountain guide during the whole program;
- All transfers according to the program;
- All permits and entrance fees according to the program.

Excluded:

- International flights;
- Rental ski and avalanche equipment;
- Personal expenses;
- Change program;
- Insurance.